



# Chartwells dining Services November Menu 2018

GET FRESH.  
BUY LOCAL.

create

This month we're celebrating **autumn squash**



in your café!

extra  
extra

List snack and beverages  
Featuring:

- After School snack program 2:30pm-3:15pm
- Pre-made salads, sandwiches
- Grab and go snacks

ON THE GO

Daily  
Specials

Assorted pre-packaged entrée salads and deli

Daily Specials may include...  
Chicken Caesar Wrap, Chicken Caesar Salad, Turkey Club Sandwich, Italian Sub and Yogurt Parfaits, Pudding Parfaits, fresh Mozz sticks, Fresh apples and oranges

			1 Chicken and Waffles Tender Breaded Chicken served over Whole Grain Waffles, drizzled with Sweet Pancake Syrup	2 House Made Pepperoni Calzone with a side of marinara  House Made Kettle Chips
5 Steak Sub Sautéed Shaved Steak with your choice of Peppers, Onions, Mushrooms and Cheese	6 Oven Fried Chicken Tender Chicken with Mac & Cheese, Seasoned Green Beans, Fresh Baked Biscuit	7 Mexican Fiesta Nachos, Tacos or Taco Salads topped with Chicken or Beef with Cheese, Sour Cream and Salsa	8 Generals Tso's Chicken Spicy and Sweet served with Steamed Broccoli and Brown Rice	9 BBQ Pulled Pork Tendered Shredded Pork with Tangy BBQ sauce served over Chef made Mac and cheese and breadstick
12 Veterans Day No classes	13 Pasta Bar Al Dente Pasta topped with your choice of Cheese Sauce, Marinara or Italian Meat Sauce Garlic Breadstick	14 Mexican Fiesta Nachos, Tacos or Taco Salads topped with Chicken or Beef with Cheese, Sour Cream and Salsa	15 Chicken Broccoli Alfredo Creamy Alfredo Casserole with Chicken and Fresh Broccoli	16 Conference Day No Classes
19 Baked Potato Bar Baked Potato with your choice of Toppings including Chili, Cheddar Cheese or Steamed Broccoli	20 Turkey Dinner Tender Roast Turkey & Gravy served with Creamy Mashed Potatoes  Dinner Rolls	21 Thanksgiving Recess No Classes	22 Thanksgiving Recess No Classes	23 Thanksgiving Recess No Classes
26 Cheeseburger Bar Create your own with Bacon, Lettuce, Tomato and Assorted Toppings, served with Oven Baked Fries	27 Triple Decker A Triple Layer Grilled Cheese Bacon And tomato Sandwich served with Tomato Soup, sweet fries	28 Mexican Fiesta Nachos, Tacos or Taco Salads topped with Chicken or Beef with Cheese, Sour Cream and Salsa	29 Double Dogs Hot Dog Bar with Chili and Assorted Toppings, served with Oven Baked Fries	30 SAVY CHEESE Creamy Mac & Cheese kicked up with a Choice of Assorted Topping

2<sup>mate</sup>  
Available daily:  
Fresh Hand Tossed Pizza  
Fresh Baked Pizza

Specials for the Week  
Monday Buffalo Chicken Pizza  
Tuesday Garlic Parm Pizza  
Wednesday Assorted Calzones/ Stromboli  
Thursday Chicken Bacon Ranch  
Friday Chef's Choice Pizza

grill'd

Available daily:  
Hamburger or Cheeseburger or Chicken Patty  
Specials for the Week  
Mondays BBQ Cheddar Chicken Sandwich  
Tuesdays Chicken Tenders with French Fries!  
Wednesdays Ham, Egg & Cheese Waffle Sandwich  
Thursdays Chef's Special with French-fries!  
Fridays Bacon Cheeseburger

SO  
DELI

Fresh Made Premium deli sandwiches to order!  
House Favorite pulled buffalo chicken  
Make it a meal deal with a soup of the day  
Bag of chips and a bottled beverage from the meal deal coolers

Menu Subject to Change All grain items are made with whole grains  
Any questions please call Aaron Mondore, Director of Dining Services at 518-682-7428  
If you have any food allergies, please let us know!  
Prices: Student Meal deal \$5.00 • which includes fresh protein, starch and veg and a bottled Saratoga water  
Or Arnold Palmer Tea



This institution is an equal opportunity provider and employer