



Discovery KITCHEN

GET FRESH. BUY LOCAL.

create

Chartwells dining Services May Menu 2019

This month we're celebrating autumn squash



in your café!

extra extra

List snack and beverages
Featuring:

- After School snack program 2:30pm-3:15pm
- Pre-made salads, sandwiches
- Grab and go snacks

ON THE GO

Daily Specials

Assorted pre-packaged entrée salads and deli

Daily Specials may include...
• Chicken Caesar Salad,
• Turkey Club Sandwich,
• Italian Sub and Yogurt Parfaits,
• Pudding Parfaits
• fresh Mozz sticks,
• Fresh apples and oranges

		1	2	3
		Pepper jack chicken Club sandwich served on 5 inch sesame roll Honey mustard Onion rings	Cape Coder (Roasted turkey, provolone, cranberry mayo egg battered bread) Chef's creamy mac and cheese	Pepperoni Calzone served with House made marinara Garlic butter Pesto pasta
6	7	8	9	10
Chicken Broccoli Alfredo over rigatoni pasta Garlic bread stick	BBQ Cajun Chicken Sandwich, melted cheddar cheese Bacon potato Salad	Philly cheese steak sandwich Oven roasted potatoes Sweet Corn	House made meatballs Served over spaghetti with house made marinara Side buttered roll	Baked Ziti (Ground beef, ricotta cheese, and mozzarella cheese.) Caesar Salad Dinner roll
13	14	15	16	17
Buffalo chicken Mac and Cheese Southern buttermilk biscuit Vegetable Medley	Chefs House made meatball sub with melted provolone Crinkle Cut French Fries	Generals Tso's spicy sweet Chicken served with Steamed Broccoli and Steamed Jasmine rice	Signature Bacon Cheeseburger with L/T/O French fries	Fried Chicken Greek Gyro's Tzatziki cucumber dill sauce Greek Pasta Salad
20	21	22	23	24
Chicago style grilled twin Hot dogs served with bacon, pickles and minced onion jam Side onion rings	Fried Chicken Tender Caesar Salad boat, with croutons, and parm cheese	House made Chicken Lo Mein Egg roll Ginger fried vegetable Medley	Mexican Style Beef Nacho's served with Jalapeño Cheese sauce Southwestern Corn Salad	Principal's Holiday
27	28	29	30	31
Memorial Day	Kung Pao Chicken Potstickers White jasmine rice Stir fry vegetable in Hong kong sauce	Chicken Soft Taco's Mexican Rice BBQ black beans	Grilled BBQ Chicken Salad boat, served with cheddar cheese, bacon, cucumbers and tomatoes Buttered Dinner roll	Mozzarella cheese sticks served over rigatoni with fresh Marinara and parm cheese.

Available daily:
Fresh Hand Tossed Pizza
Cheese Pizza daily
Specialty pizzas for the Week
Monday Buffalo chicken Pizza
Tuesday Godfather Pizza
Wednesday Rancheroni pizza
Thursday Chicken Bacon Ranch
Friday Pepperoni Pizza

grill'd
Available daily:
Specials for the Week
Mondays State fair corn dogs
Tuesdays Chicken Patty Sandwich
Wednesdays Chicken Tender Boat
Thursdays Buffalo Chicken Burrito
Friday cheeseburgers

SO DELI
A house favorite
Freshly sliced premium deli meats and cheeses
Fresh bread daily delivered from Rockland Bakery
Every sandwich vegetable known to man
Make it a meal deal with a cup of soup and a bag of chips and Saratoga water for \$5.00

Menu Subject to Change All grain items are made with whole grains
Any questions please call Aaron Mondore, Director of Dining Services at 518-682-7428
If you have any food allergies, please let us know!
Prices: Student Meal deal \$5.00 • which includes fresh protein, starch and veg and a bottled Saratoga water
Or Arnold Palmer Tea



This institution is an equal opportunity provider and employer