



GET FRESH.
BUY LOCAL.

Eat • Learn • Live
Environments
Chartwells School Dining Services

High School-middle school Lunch Menu May 2018



Home-style favorites made with healthy proteins, whole grains, fresh fruits and vegetables.



Freshly Prepared Deli Style Sandwiches Made to Order

- Featuring:
- Fresh Veggies
 - Variety of Cheeses
 - Whole Grain Breads, Rolls and Wraps



Daily house made soup

Offered with all meals:

Create Your Own Salad with Fresh Greens and a variety of Garden Fresh Veggies and Toppings.

Chef Creations like Pasta and Potato Salads are also available.

Apple Juice	1	2	3	4
	Grilled All Beef Franks served with meat sauce And Cheese Crinkle cut fries	Buffalo Chicken burrito bar Onions and peppers Macaroni and Cheese Pasta Veg of the day	Beef Lo Mein Vegetable Egg Roll Lucky Fried Rice	Personal Pan Chicken bacon Ranch Pizza Caesar Salad Veg of the day
7	8	9	10	11
Popcorn Chicken Mashed Potato Bowl with gravy Corn Bread Muffin Buttered sweet corn Veg of the day	Beef Soft Shell Taco's Buttered White Rice Fresh Pico and Cheddar Cheese Veg of the day	New Orleans Style BBQ Chicken pepper jack Sandwich Rice and Beans Veg of the day	Pepperoni pasta Ziti bake Garlic Bread stick Veg of the day	Italian Mix Pizza Roll Pasta Marinara Veg of the day
14	15	16	17	18
Chicken blt wrap Served with ranch dressing French Fries Veg of the day	Philly cheese Steak Sandwich with works Rosemary oven roasted potatoes Broccoli Cheddar Veg	General TSO Chicken Veg Fried Rice Veggie Egg roll Veg of the day	Chicken Broccoli Alfredo Gariic Breadstick Fresh Broccoli Florets	Sausage and Pepperoni Stromboli Pasta with tomato Alfredo Veg of the day
21	22	23	24	25
Ground Turkey Nacho's Steamed Rice Vegetarian Refried Beans Sour cream, roasted tomato salsa	Honey Ginger Chicken Cilantro Lime rice Pork Egg Roll Veg of day	Bacon Swiss Chicken Sandwich with Garlic basil mayo Au gratin Potatoes Sweet corn	Chicken Riggie Pasta Buttered Dinner roll Veg of the Day	Principals Holiday
28	29	30	31	
Memorial Day	Crispy Chicken breast tenders Waffles, with Syrup Mashed Potatoes Southern Green beans	Pulled Pork cheddar Melt Curly Fries Veg of the day	Mama Mia House made meatballs with spaghetti Green beans with garlic and tomato	

Menu Subject to Change



Any questions please call Aaron Mondore, Director of Dining Services at 518-682-7428

If you have any food allergies, please let us know!

Prices: Student Meal: \$4.40

Daily hand Tossed Pizza by the slice
Cheese Pizza
Chicken Bacon Ranch Pizza
Buffalo Chicken Pizza
Don't forget after school café 2:30-3:00pm M-thur



Available daily:
Cheeseburger, Chicken Patty, fresh buffalo Chicken

Served with Your Choice of Hot or Cold Vegetables, Salad, Fruit, Milk and Whole Grain Bread

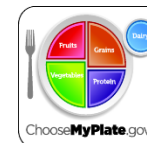


Assorted pre-packaged entrée salads and deli sandwiches offered with fruits, vegetables and milk.

Daily Specials may include...
Chicken Caesar Wrap, Chicken Caesar Salad, Turkey Club Sandwich, Italian Sub and Yogurt Parfait's and



Grilled Panini
Toasty and Delicious!
Check the Deli Station daily for toasted Panini Specials



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