



Discovery KITCHEN

GET FRESH. BUY LOCAL.

create

Chartwells dining Services March Menu 2019

This month we're celebrating **autumn squash** in your café!

extra extra

- List snack and beverages
Featuring:
- After School snack program 2:30pm-3:15pm
 - Pre-made salads, sandwiches
 - Grab and go snacks

ON THE GO Daily Specials

Assorted pre-packaged entrée salads and deli

Daily Specials may include...
Chicken Caesar Wrap, Chicken Caesar Salad, Turkey Club Sandwich, Italian Sub and Yogurt Parfaits, Pudding Parfaits, fresh Mozz sticks, Fresh apples and oranges

				1
				House made Three cheese Beef Lasagna served our signature garlic bread Sticks
4	5	6	7	8
Southern Fried Chicken tenders Grandmas cheesy Mac and cheese Sweet buttered corn	House made Biscuits and sausage gravy, Scrambled eggs and Classic Breakfast Home fries	Ash Wednesday Fish Fry boat with French fries, and Cole slaw and tartar sauce	Turkey BLT wrap Served with house made kettle chips and Tomato soup	Gio's Pasta Alfredo topped Roasted Garlic Broccoli Served our signature garlic bread Sticks
11	12	13	14	15
Buffalo Chicken Burrito Grilled onions, peppers and shredded cheddar cheese. Sour	Chef's oven roasted potato bar with turkey chili, bacon and creamy cheddar cheese sauce	Generals Tso's Chicken Spicy and Sweet served with Steamed Broccoli and	NYC Pepperoni Pizza Bagels Garlic Butter Pasta	Staff development day
18	19	20	21	22
Our signature Garlic Bread sticks Served with homemade Marinara Rigatoni with Meat	Pulled pork Sandwich, served with crispy fried onion straws	Oven Fried Chicken Tender Boat served with Crinkle cut fries	Grilled All Natural Chicken Breast "speedie" wrap Served with Lettuce, tomato and American	Shanghai Shrimp Lo Mein Served with Veggie egg roll
25	26	27	28	29
Chicago style grilled twin Hot dogs served with bacon, pickles and minced onion jam	Soft Shell Beef Taco's served with cheddar cheese, salsa. Buttered White Rice	Sweet and sour Tempura battered Chicken Over pork fried rice	Fried Chicken Tender Caesar Salad wrap, with croutons, and parm cheese	Baked three cheese Ziti Toss salad Signature bread sticks

2 tomato
Available daily:
Fresh Hand Tossed Pizza
Cheese Pizza daily

Specialty pizzas for the Week

Monday Bacon Cheeseburger pizza
Tuesday Chicken Garlic Parm Pizza
Wednesday Meat lover's bacon, cappicola, sausage
Thursday Chicken Bacon Ranch
Friday White Broccoli Pizza with roasted garlic sauce

grill'd
Available daily:
Plain Chicken Patty sandwich, or our famous Buffalo chicken burrito with waffle fries

And take out shanghai chicken

Specials for the Week

Mondays State fair corn dogs
Tuesdays Signature garlic bread sticks
Wednesdays Personal Chicago style pan pizza
Thursdays Pepperoni and Mozzarella burrito wit sauce
Fridays Battered cod fish fry with fries every Friday during lent

SO DELI
A house favorite

Freshly sliced premium deli meats and cheeses

Fresh bread daily delivered from Rockland Bakery

Every sandwich vegetable known to man

Make it a meal deal with a cup of soup and a bag of chips and Saratoga water for \$5.00

Menu Subject to Change All grain items are made with whole grains
Any questions please call Aaron Mondore, Director of Dining Services at 518-682-7428
If you have any food allergies, please let us know!
Prices: Student Meal deal \$5.00 • which includes fresh protein, starch and veg and a bottled Saratoga water
Or Arnold Palmer Tea



This institution is an equal opportunity provider and employer