



# Chartwells dining Services February Menu 2019

GET FRESH.  
BUY LOCAL.

create

This month we're celebrating autumn squash



in your café!

extra extra

List snack and beverages  
Featuring:

- After School snack program 2:30pm-3:15pm
- Pre-made salads, sandwiches
- Grab and go snacks

ON THE GO

## Daily Specials

Assorted pre-packaged entrée salads and deli

Daily Specials may include...  
Chicken Caesar Wrap, Chicken Caesar Salad, Turkey Club Sandwich, Italian Sub and Yogurt Parfaits, Pudding Parfaits, fresh Mozz sticks, Fresh apples and oranges

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4	5	6	7	8
STAFF DEVELOPMENT DAY no classes	Fried Chicken Breast, Bacon and American cheese served with ranch sauce Sweet buttered corn Chef's side of the day	Generals Tso's Chicken Spicy and Sweet served with Steamed Broccoli and Chefs Fried Rice, and egg roll	Tennessee Hot Fried Chicken sandwich with Sweet buttered Pickles and our BBQ ranch sauce side waffle fries	Garlic Bread sticks with marinara side sauce Italian Green beans Chef's side of the day
11	12	13	14	15
Chicken and Waffles Tender Breaded Chicken served over Waffles, drizzled with Sweet Pancake Syrup Home fried potatoes	House Made Meatballs served with Penne Pasta and Garlic Breadsticks	Mexican Fiesta Nachos, with Cheese, Sour Cream and Salsa lettuce and tomato, guacamole and our house braised chicken	Chicken Broccoli Alfredo Creamy Alfredo Pasta with Chicken and Fresh Broccoli House specialty garlic bread stick	House Made Pepperoni Calzone with a side of marinara House Made Kettle Chips
18	19	20	21	22
Presidents day Winter recess	Winter recess	Winter recess	Winter recess	Winter recess
25	26	27	28	
French Fry Bar with choice of Toppings including Chili, Cheddar Cheese or crispy bacon	Carved Prime Roast Beef served on French Baguette Crispy onion and melted provolone cheese sauce side steak fries	Southern Fried Chicken tenders Southwestern corn Au gratin Potatoes	Brunch Bar French toast, scrambled eggs, bacon and home fries served with maple syrup	

Menu Subject to Change All grain items are made with whole grains  
**Any questions please call Aaron Mondore, Director of Dining Services at 518-682-7428**  
**If you have any food allergies, please let us know!**  
 Prices: Student Meal deal \$5.00 • which includes fresh protein, starch and veg and a bottled Saratoga water  
 Or Arnold Palmer Tea



Available daily:  
**Fresh Hand Tossed Pizza**  
 Fresh Baked Pizza  
**Specials for the Week**  
 Monday BBQ Chicken Pizza  
 Tuesday Garlic Chicken Parm Pizza  
 Wednesday Pepperoni Pizza  
 Thursday Chicken Bacon Ranch  
 Friday Chef's Choice Pizza

**grill'd**  
 Available daily:  
 Chicken Patty and tater tots!  
**Specials for the Week**  
 Mondays Chef's Panini of the day with tater tots  
 Tuesdays Roasted Garlic Breadsticks side marinara  
 Wednesdays Buffalo Chicken Patty, cheese.  
 Thursdays Grilled Pepperoni and Mozz burrito melt  
 Fridays Grilled Ham and Cheese with tater tots

**SO DELI**  
 Fresh Made Premium deli sandwiches to order!  
 House Favorite pulled buffalo chicken  
 Make it a meal deal with a soup of the day  
 Bag of chips and a bottled beverage from the meal deal coolers  
Also at breakfast we are doing tickets for pre made deli sandwiches

This institution is an equal opportunity provider and employer