

**LaSalle Institute Cadets CYCLE MENU**  
**April 2017**

Station	Monday	Tuesday	Wednesday	Thursday	Friday
<p><u><b>BREAKFAST OFFERED</b></u>  <b>DAILY FROM 7:05 – 7:45AM</b>  <b>Breakfast Sandwiches, Bagels, Donuts, Cinnamon Buns, Muffins, Cereal, And more</b></p>					
<p><b>THE FRESH GRILLE</b>  <i>Hamburger, Cheeseburger, Roasted chicken Breast on Whole Wheat Buns Offered</i></p>	3 Southern Fried Chicken <b>Tenders</b> Corn Bread muffin Mac and Cheese Pasta Creamy Spinach  Grab and Go specials Asst. Salads or Deli Bar	4 Game Day French Fry Bar <u>(Chili ,salsa, sour cream, lettuce)</u> Buttered white rice  Grab and Go specials asst. Salads or Deli Bar	5 Fried Cheese Pierogies <u>with a bacon cream sauce topped with buffalo Chicken</u> Garlic Breadsticks Grab and Go specials Asst. Salads or Deli Bar	6 Sausage, peppers and onion grinder Oven Roasted Rosemary Fries Grab and Go specials Asst. Salads or Deli Bar	7 Personnel Pan Cheese Pizza Pasta with tomato Cream sauce New England Clam chowder Grab and Go specials Asst. Salads
<p><b>Trotter's</b>    <b>Balanced Choices Meal:</b>  <i>Steamed Veggie offered daily</i></p>	10 Buffalo Chicken Tender <b>Taco's</b> Southwestern Rice Pilaf Broccoli Au gratin  Grab and Go specials Asst. Salads or Deli Bar	11 Garlic Bread Sticks, with <b>Marinara</b> <b>Pasta Carbonara</b>  Grab and Go specials Asst. Salads or Deli Bar	12 Chicken Bacon Ranch <b>Pizza</b> Caesar Salad Grab and Go specials Asst. Salads or Deli Bar	13 Holy Thursday	14 Good Friday
<p><b>Sandwich Central</b>  <u>FRESH MADE TO ORDER SANDWICHES/SALADS OFFERED DAILY</u>    <u>FRESH HOMEMADE SOUPS OFFERED DAILY</u></p>	17 Spring Break	18 Spring Break	19 Spring Break	20 Spring Break	21 Spring Break
<p><b>Every day Panini of the Day. Chefs specials of the Day, in the grab and go every day.</b></p>	24 <b>Chicken Tender Caesar Salad boat</b> Country Mac and Cheese Pasta Dinner Roll Grab and Go specials Asst. Salads or Deli Bar	25 <b>Buffalo Chicken Stromboli</b> Side Blue Cheese Dressing Kettle chips Toss salad Bar Grab and Go specials Asst. Salads or Deli Bar	26 <b>Baked Three Cheese Ziti with pepperoni</b> Garlic Breadsticks Grab and Go specials Asst. Salads or Deli Bar	27 <b>Beef And Broccoli Fried Rice</b> Fried Pot stickers Grab and Go specials Asst. Salads or Deli Bar	28 <b>Pepperoni Pizza or cheese Pizza</b>  <b>Chef's Side of the day</b> Grab and Go specials Asst. Salads
<p>All Lunches Include: Choice of Entrée, Choice of TWO Vegetable/Fruit Side Dishes, and Choice of Milk or Small Fountain Beverage.            Vegetable/Fruit Side Dishes Include: Featured Hot Vegetable, Side Salad, Fresh Veggie Sandwich Toppings, chips, fruit cups and Fresh Fruit            Beverage choices: low fat (2%) Choc. milk, and flavored low fat (1%) milk., lemonade, Lemon Tea, Raspberry Tea, Fruit Punch, or Unsweetened Tea</p>					